

In this issue:

Pg 2: Mayor Max

Pg 3: Sadie Says

Pg 4: Trainer Talk **FREE Chip-a-Thon Search & Rescue**

Pa 5: NEW! Sadie's Speakers' **Series**

Pg 6: Baxter's **Buddies-Sydney**

Pg 7: Cold Weather Warning

Pg 8: Adoptees of the Month

Pg 9: Virtual **Adoption Option**

Pg 10: ARF Pics

Pg 11: Dog Days, **Good Times!**

Pg 12: Speaker



Director's Message

Who Rescued Whom



Like a warm down blanket on a cool fall day, they appeared, and bringing with them was an immediate feeling of safety and comfort. Twenty-six of our cherished young men and women of the armed forces came to ARF to socialize with our four-leggeds, walk the dogs, pet the cats, and build a cattery, but

most of all to heal their wounds with a breathing soul that holds unconditional love for all.

And from the mouths of these babes I heard, "Last night in Idyllwild was the first good night's rest I have had." One who hardly spoke was open to conversation with the cats. One who had a rough time trusting, made a con-



nection with a dog that also has a hard time trusting.

Little do they know that we felt that we gained more than they did just by meeting them, working together as a team, sharing a meal, and in our hearts thanking them for their unconditional love they gave to our country to keep you, me, and our four-leggeds safe. -Maria Lehman See more photos on page 10



A non-profit organization P.O. Box 719, Idyllwild, CA 92549 (951) 659-1122 ARF House: 26890 Hwy 243, Idyllwild arfidyllwild.weebly.com

Director of Operations: Maria Lehman Treasurer: Mary Lou Prosin Sadie's Clinic Director: Caryn Gilbert

Secretary: Janice Murasko Education Director: Jacquelin Siff Search & Rescue Director: Robert Hewitt





On the Loss of a Pet and Getting Another Pet

I have spoken with many people who have lost a pet they loved so much, yet they have not ever gotten another pet after that. Some say they could never go through it again. So they are pet-less.

This is very sad, and it reminds me of the line in the song, "Bojangles": "After 20 years he still grieves." It breaks my heart to meet a person who no longer has a pet.

The only way to fully recover from the loss of a pet is to get another pet. Depending on your spiritual views, it really could be your own pet trying to come back to you. They miss you just as much. And the only reason I am mentioning that at all is that both my owners will state emphatically that their dog Tina came back to them in an exact duplicate of the previous Tina.



But in either case, whether you believe that or not, the love you had and have for the lost pet and the love that pet had for you, *is a love that another pet is desperately seeking.*

Please do not sentence yourself to a life of grief and loss. It is possible to recover from that ongoing sadness to a great degree, and you really can love another. Just like people, all pets are individual. But the common denominator of pets is unconditional love, and they are desperately seeking someone to give it to. Please allow another pet to love you the way your last pet loved you.

You can easily tell which pets are capable of this love by visiting them. They will make the connection, and you will not be disappointed. It's true that some day you'll be experiencing that loss again. But the many years of joy in between will be so much greater than the experience of that loss. You will live longer and the pet will live longer. The shear exhilaration of that pet will imbue positive life force into you.

My owners have suffered the loss of 4 dogs and 11 cats in their years. One time, (before my time), my owner cried for 6 months over the loss of a cat, and that is NOT an exaggeration. She finally learned how to get help in this area, but she also learned to give love to another pet. And this is part of that healing process.

Please give another pet a chance to love you and be a companion to you. The pets need your love and help. You may find you will love the next one even more. After all, people and pets have an infinite capacity for love. To borrow a phrase, "It is better to have loved and lost than never to have loved at all."

If you are suffering from the loss of a pet, please call my office. We can help.

Love always,

Mayor Max



aka: Maximus Mighty-Dog Mueller

Sadie Says

Preparing for Disaster

ARF and Sadie's Clinic, in conjunction with other organizations on the hill dedicated to disaster preparedness, have worked hard to put together a plan to take care of pets of this mountain community in the case of a disaster. Should (or *when*) we are faced with a fire, large earthquake, or other disaster, the following will be the standard broadcast, directing residents who are in need of assistance with their pets:

- If you have a *lost or missing* animal, call ARF's search and rescue hotline at 951-663-6642.
- If you are on the hill with a sick or injured animal, ARF has two pet first aid stations: ARF House, 26890 HWY 243, 951-659-1122 and Mountain Pawlytechnic, 23400 HWY 243 in Pine Cove, 951-663-6642.
- If you must evacuate, *take your animals with you if at all possible*. There are two boarding facilities in Banning: Rennaissance Pet Boarding and Spa, and Four Paws Inn, both on Ramsey Street. There are many motels in Hemet, Banning, and Beaumont that will allow you to stay with your pets.
- If you must leave your pet behind or cannot get back to your home, call the Riverside County Emergency Animal Rescue Service hotline at 951-358-7387.

How can you help insure your pet's safety?

ARF will be conducting pet first aid training after the holidays. We also have a list of supplies recommended for first aid kits. This information, as well as a list of lodgings off the hill that will allow you to bring pets if you have to evacuate your home, is available on our website: www.arfidyllwild.weebly.com.

ARF encourages everyone with pets to have a *GRAB and GO box* that includes your animals' needs. Have a plan in case you are off the hill and your pets are left behind in your home. MICROCHIP YOUR DOGS so ARF will be able to get them home to you in case they are lost.

ARF does not have the resources to take in a number of animals in a disaster. Organization volunteers will be responsible for evacuating dogs and cats already living in their care.

Trainer Talk

Dogs Are Not People

Yes, your dog is adorable. She is personable. She is your best friend. But face the facts. Your dog is *not* a person. Your dog is...a dog.

Dogs are not linguistic, but they are amazing masters of reading body language and emotions. And because they are so adept at reading your body language and emotions, you might misinterpret their reactions as something they are not. Does your dog listen to you and understand what you're saying? Yes, but probably not in the way you think she does.

Take for example the common misinterpretation of your dog's behavior when you come home to find the kitchen trash can tipped over and its contents strewn across the floor. "He *knows* he's done a bad thing. Guilt is written all over his face!!" Really? Yes, your dog is probably averting his eyes and cowering. Feeling guilty? No.

Your dog is a master at reading your emotions and body language, remember? Your initial reaction to the trash-covered kitchen floor was most certainly negative. Did you gasp? Did your jaw drop? What was your stance? And did those words, "What the \$%&%\$%! BAD dog!" just roll out of your mouth before you could stop them?

Your dog's cowering, looking away, lying down was his way of behaving respectfully. He no doubt sensed your displeasure and began using "calming signals" in order to appease and avoid conflict. If his calming signals did not work, and your shock turned to rage, odds are the instinctive "fight or flight" mechanism kicked in. Being terrified, he ran. His behavior was not because of guilt; it was a reaction to your body language and emotions.

It is understandable that we might see our dogs as being people, but in order to manage expectations of our dogs' behaviors and train them responsibly, we need to know and understand their capabilities and points of view. -Janice Murasko KPA CTP APDT

FREE Chip-a-Thon!

Your dog should not pay the price during this tough economy, and to make sure she doesn't, ARF will microchip your dog this Friday* at Sadie's Clinic for free. Get your four-legged buddy micro-chipped so that she may make her way home to you should you be separated.

Can't make it to Sadie's this Friday? Keep your eyes and ears open for more Chip-a-Thon dates to be announced very soon.

*Make an appointment to avoid waiting 659-1122

Lost Dogs, Found Dogs

Lost dogs are, sadly, very commonplace on this hill. With this in mind, ARF now has a search and rescue program designed to help dog owners find their dogs gone astray.

ARF volunteer Robert Hewitt heads up the search and rescue program, taking calls from distraught owners. His search and rescue truck is equipped with tools necessary to rescue a lost dog once it is spotted.

Once an owner realizes his dog is missing, a call should be made to 951-663-6642. After pertinent information is gathered, Hewitt will begin his search where the dog was last seen. He questions passersby, neighbors, and uses tracking skills when appropriate. And if you spot a wandering dog, or take a lost dog into your home, please call the same number. You just might have found the dog that was reported missing!

Unfortunately, Hewitt does not search for lost cats. Domestic housecats are very difficult to track, and as he points out, even if he sees the lost cat, odds are it will not come to him when called. He also adds that his days of climbing trees are long past.

Sadie's Clinic to Host Speakers' Series

Sadie's Clinic is proud to announce the inaugural season of its speakers' series, focusing on animal welfare. The series will feature one speaker per month who will address specific issues related to pets and their wellness.

Presentations are free and open to the public and will be held at Mountain Pawlytechnic Canine Education, 23400 Hwy 243 in Pine Cove (across the street from the Pine Cove Market and gas station).

The first speaker, acupuncturist Miles Thomas, will be featured on Sunday, November 18, 4 to 5 p.m., and will speak about acupuncture and pets.

Miles has been a student of Asian Martial Arts, Meditation, and Medicine for over 20 years. He graduated with a Master's of Science from Pacific College of Oriental Medicine in 2001 and has been teaching and in clinical practice full time since.

He received his Bachelor's of Science in Philosophy from the University of Kentucky in 1995. Miles splits his time between clinical practice and teaching here in Southern California and on the development of a Permaculture based organic farm in Lower Baja, Mexico.

Currently he is on staff at both UCSD and Sharp Coronado Hospital. He is on faculty at the

Winter is just around the corner, which most likely means Fido will be spending more time in the house. **How are his house manners?**

Mountain Pawlytechnic Canine Education

Positive Reinforcement Dog Training now in Pine Cove

Enroll today, begin classes this week

Janice Murasko, certified trainer KPA CTP APDT

951-663-6642 mtpawly.com mtpawly@gmail.com



Pacific College of Oriental Medicine as an instructor in the Department of Allied Arts and as a Clinical Supervisor. He is the owner of South Park Community Acupuncture, one of the first sliding scale acupuncture clinics in the city.

In upcoming months, look for speakers on such topics as children and dogs, aggression in dogs, pet Reike, homeopathic treatments, and dogs in the media. Want to understand your pet even better than you do now? You won't want to miss our pet communicator January.

Speakers will be announced in this newsletter, in the Sadie's Clinic bi-weekly ad in the <u>Town</u> <u>Crier</u>, on our website *arfidyllwild.weebly.com*, on our Facebook page, and on the Sadie's Clinic board at the post office.



951-663-6642

Ruff Times



Baxter's Buddies

Who are Baxter's Buddies? They are his fellow ARF adoptees and their stories. Each month, Baxter will share the story of an ARF rescue, adopted into a loving, forever family.

This month's story is one that will warm your heart. It is about Sydney, one of the Anza gang rescues. The vet who first examined Sydney guessed him to be about 10-years old, but claimed he had a "lot of life" left in him. But because of his advanced age, potential adopters passed on him time after time, until Nick Hammond came along. Nick could see how much life there was in this little guy, so he took him home and has been so glad he did. Here is Nick's story of Sydney, the mini Aussie.

How did you come to know about ARF?

My parents adopted their current dogs from ARF. **Do you have any cute/** unique stories about your adoptee?

He came from the Anza rescue, and so he never got attention amongst the <u>dozens</u> of other dogs. He developed a habit to get attention in which he picks up his front left paw, then uses his front right to propel himself in a circle. Is this pet your first pet

adoption (from anywhere)?

No, I adopted Chloe about a year prior from ARF. How has your ARF pet fit into your family's day -to-day lifestyle?

Sydney & Chloe

best friends

He hangs out with Chloe and just interjects himself into whatever I am doing whenever he feels the need to be loved!

Did you keep the name ARF had assigned to your pet, or did you change it?

I kept the name...he's a Mini Australian Sheppard basically, so the name Sydney is the perfect fit.

Do you have any words of encouragement or recommendation for someone considering pet adoption?

You will be very happy that you did; just do it!





Michael Ahern

Quiet Creek Inn Quiet Creek Living Room Gallery PO Box 240, Idyllwild, CA 92549

Inn: 26345 Delano Drive Gallery: 54300 North Circle Drive 951-659-5314 / 951-468-4208 800-450-1516 / C: 951-750-4880 Mike@QuietCreekInn.com QuietCreekInn.com





Hot Weather, Cold Weather?!?!

When May Fido and Fluffy Stay in the Car?



We here at ARF have been preaching for years the dangers of leaving a pet in a car during hot (even *warm*) weather for years. And we're not alone in this mission. Dozens and dozens of pet organizations share the same message. Now that cooler weather has come to the hill, no more need to worry, right? NOT!!

Leaving your dog or cat in a car in cold weather can be almost as dangerous as leaving them in the car in the summer!

The ASPCA offers safety warnings for pet owners who live in areas where the thermometer dips into low temps, and yes, we on the mountain live in such an area.

Below is important information regarding your pet and winter weather, taken directly from the ASPCA web site:

1. Keep your cat inside. Outdoors, felines can freeze, become lost or be stolen, injured or killed. Cats who are allowed to stray are exposed to infectious diseases, including rabies, from other cats, dogs, and wildlife.

2. During the winter, outdoor cats sometimes sleep under the hoods of cars. When the motor is started, the cat can be injured or killed by the fan belt. If there are outdoor cats in your area, bang loudly on the car hood before starting the engine to give the cat a chance to escape.

3. Never let your dog off the leash on snow or ice, especially during a snowstorm, dogs can lose their scent and easily become lost. More dogs are lost during the winter than during any other season, so make sure yours always wears ID tags.

4. Thoroughly wipe off your dog's legs and stomach when he comes in out of the sleet, snow or ice. He can ingest salt, antifreeze or other potentially dangerous chemicals while licking his paws, and his paw pads may also bleed from snow or encrusted ice.

5. Never shave your dog down to the skin in winter, as a longer coat will provide more

warmth. When you bathe your dog in the colder months, be sure to completely dry him before taking him out for a walk. Own a short-haired breed? Consider getting him a coat or sweater with a high collar or turtleneck with coverage from the base of the tail to the belly. For many dogs, this is regulation winter wear.

6. Never leave your dog or cat alone in a car during cold weather. A car can act as a refrigerator in the winter, holding in the cold and causing the animal to freeze to death.

7. Puppies do not tolerate the cold as well as adult dogs, and may be difficult to housebreak during the winter. If your puppy appears to be sensitive to the weather, you may opt to papertrain him inside. If your dog is sensitive to the cold due to age, illness or breed type, take him outdoors only to relieve himself.

8. Does your dog spend a lot of time engaged in outdoor activities? Increase his supply of food, particularly protein, to keep him, and his fur, in tip-top shape.

9. Make sure your companion animal has a warm place to sleep, off the floor and away from all drafts. A cozy dog or cat bed with a warm blanket or pillow is perfect.

Pet owners must be aware of dangers inherent to their geographical residence and take appropriate measures to insure a safe existence for their dogs and cats.



7

Help them find a home



Adoptees of the Month





Tammy

Hi. I'm Tammy. I'm known as one of the "sun goddesses" at ARF because most days you can find me sitting in the window, or curled up in a ray of

sunshine on the floor. When you come home I will have eyes and ears only for you. I can do a little two-legged dance or simply curl up in your arms. And I always find room to snuggle behind you on your favorite chair.

I am a year-and-a-half old min pin mix. I love to play with other small dogs, and I'm friendly with big dogs. Not so sure about the feline crowd, though. I absolutely love to walk on the leash, and I'm doggy door trained. Do you have a sunny spot for me?



Momma and Sissy



Momma and Sissy are part of the MacCleod Gang. Momma has those beautiful blue eyes, and Sissy is her 8-month old daughter. A young cat herself, Momma still likes to play a bit. She can finally rest as her 6 kittens have all been adopted. Sissy is much more energetic and playful. She played an important part in being "big sis" and helping Momma clean and care for all those babies. They can be adopted together or separately.



No Room for Another Dog or Cat? Consider a Virtual Adoption!

Volunteers at ARF hear it every weekend: "I'd *love* to help by adopting another dog/cat, but I have no more room!" Heck, ARF volunteers themselves say this day in and day out! But there is good news! You can help that adorable dog or cat without bringing it into your home. You may *virtually* adopt that precious pet. The beautiful Siamese momma cat in the ARF cattery is the first to be virtually adopted.

You may "adopt" a pet for a month, months, or a year. The monthly costs cover food, a dog's monthly heartworm, and in the case of a cat, litter. You want might opt to cover the cost of the pet's spay/neuter or its vaccinations instead of a monthly adoption.

Below is the virtual adoption form which shows how costs are calculated. Interested? Contact us at 951-659-1122 or info@idyllwildarf.org.

unio B.

Adopter's name:	Phone ()
Mailing address:	
Adoption date:	
Virtually adopting	
(pet's name)	
@ \$ per month* for	month(s)
AND/OR elect to pay for one-time cost for	
spay/neuter @ \$	DOGS: Spay/neuter depends upon weight—average \$100
vaccinations @ \$	CATS: Spay/neuter \$32-42
Vaccination costs depend upon cat/dog and size: \$30-65	
If said pet should be adopted before pledged months have expired, remaining funds shall be:	
applied to another petre	turned to adopter
*Estimated pet care costs:	
Heartworm \$ p/m	Food \$p/m Monthly care costs
Litter \$p/m	pet's size, whether
	cat or dog: any- where from \$35-75 per month.

A Busy Month

Vets Volunteer, Living Free Event Draws Crowds



Free's big event.

Mayor Max charmed the crowds.

Dog Day Sundays at Carol's Kickoff Event * Future Sundays will feature more fun and music. Sunday, Oct.21 1 P.M.- 4 P.M. Carol's Restaurant at Baily Winery 33440 La Serena Way at Rancho California Bring your well mannered, dolled up doggies for a fun afternoon of music, food, wine, prizes and special guests. A portion of the day's proceeds will be donated to Idyllwild's animal rescue ARF. Idyllwild's own "Hot Flash" featuring Sandi Castleberry, Kathleen Johnson and Anne Finch. Allen Riedel, author of Best Hikes with Dogs in Southern California will be available to sign copies of his book. Also you can meet his canine hiking companions. Meet Idyllwild's 1st Mayor...Max the Golden Retriever Max can inform you of what he has accomplished in his term so far. He is a very dedicated mayor. 1 Amelia Durham of Banyan Photography will have her mobile dog studio available for that special photo. Wine Country Hot Dog bar featuring world famous Pink's Hot Dogs And more fixings than you can shake a stick at (dog talk). Costume categories: Cutest, Scariest, Silliest, Most Glamorous, Most Handsome : Carol's Restaurant (951) 676-9243 for reservations Humans without dogs also welcome.



Sadie's Clinic Speakers' Series

Sunday, November 18 Miles Thomas

New owner of Idyllwild Community Acupuncture

Acupuncture for Your Pets

Free admission, donations accepted 4-5 p.m. @ Mountain Pawlytechnic Canine Education

2340 Hwy 243, Pine Cove

Across from Pine Cove Market/gas station